Correspondence

Acute Management of Shoulder Dislocations

To the Editor: I read with interest the article on acute management of shoulder dislocations by Youm et al.1 The authors should be commended for describing at length the various options available for anterior dislocation of shoulder. However, while going through the article, one notices that the authors fail to mention the Stimson maneuver as a treatment option post-dislocation, which is well described in the literature2,3 and was also recently mentioned in an article published in the Journal.4 I believe the Stimson maneuver still has a role post-dislocation of the shoulder and would appreciate the authors’ response.

Ashish Anand, MD
Jackson, MS

The Author Replies: We thank Dr. Anand for his comments regarding our article. There are very few reduction maneuvers described for posterior glenohumeral dislocations. Dr. Anand is correct in pointing out that the Stimson technique was recently described in the Journal as a possible reduction method for posterior dislocations.4 However, the referenced source in that article4 is from a non-peer-reviewed textbook. Additionally, the two other articles referenced by Dr. Anand do not specifically describe the Stimson technique for posterior dislocations. Instead, Robinson and Aderinto2 describe a maneuver consisting of forward flexion, adduction, and “gentle manipulation,” as described and referenced in our article.1 The last reference3 does not describe any specific method. Another literature search was performed and did not reveal any evidence-based description of the Stimson technique for posterior dislocation. While the Stimson technique may work in clinical practice, there is nothing more than level V evidence in one textbook to support its use. We thank Dr. Anand for bringing this to our attention.

Brian Park, MD
New York, NY

References