



ABOS 2020 Spine Recertification Exam Blueprint

VS



2020 ABOS Breakdown			Max %	Qs	Topics Covered From Orthobullets in Study Plan
General Principles 1-5%					
Biostatistics/epidemiology 1-2%			2.0%	3.0	
	• Interpretation of Epidemiologic Information		0.7%	1.0	Cervical Spine Trauma Evaluation
	• Study Design and Interpretation		0.7%	1.0	Evaluation, Resuscitation & DCO
	• Hypothesis Testing and Statistical Interference		0.7%	1.0	Gun Shot Wounds
Basic Science Principles 1-3%			3.0%	4.5	Spinal Cord Injuries
	• Biology		1.5%	2.3	Incomplete Spinal Cord Injuries
	• Biomechanics		1.5%	2.3	Spine Biomechanics
Spine 78-82%					
Cervical 31-35%			35.0%		
	Cervical 1-3				
	• Fracture/dislocation/instability		2.1%	3.1	Occipital Condyle Fractures
	• Spinal Cord Injury Syndromes		2.1%	3.1	Cervical Spine Anatomy
	• Herniated Nucleus Pulposus		2.1%	3.1	Occipitocervical Instability & Dislocation
	• Arthritis, inflammatory (Rheumatoid)		2.1%	3.1	Neck & Upper Extremity Spine Exam
	• Arthritis, degenerative		2.1%	3.1	Atlantoaxial Instability
	• Torticollis (acquired, congenital)		2.1%	3.1	Spinal Cord Anatomy
	• Congenital anomalies (eg, Klippel-Feil syndrome)		2.1%	3.1	Atlas Fracture & Transverse Ligament Injuries
	• Spine, cervical 1-3, spondylolisthesis (nondegenerative)		2.1%	3.1	Intervertebral Disc
	• Spine, cervical 1-3, radiculopathy		2.1%	3.1	Cervical Radiculopathy
	Cervical 4-7				
	• Fracture/dislocation		2.1%	3.1	Odontoid Fracture (Adult and Pediatric)
	• Without spinal cord injury		2.1%	3.1	Cervical Facet Dislocations & Fractures
	• With spinal cord injury		2.1%	3.1	Separation
	• Spinal cord injury syndromes		2.1%	3.1	Spinal Cord Monitoring
	• Herniated Nucleus Pulposus		2.1%	3.1	Lumbar Disc Herniation
	• Arthritis, inflammatory		2.1%	3.1	Basilar Thumb Arthritis
	• Arthritis, degenerative		2.1%	3.1	Glenohumeral Arthritis
	• Torticollis (acquired, congenital)		2.1%	3.1	Congenital Muscular Torticollis
Thoracic 11-14%			14.0%		
	Thoracolumbar				
	• Fracture/dislocation/instability		1.8%	2.6	Thoracolumbar Burst Fractures
	• Spinal Cord Injury Syndromes		1.8%	2.6	Chance Fracture (flexion-distraction injury)
	• Herniated Nucleus Pulposus		1.8%	2.6	Thoracic Spine Anatomy
	• Arthritis, inflammatory (Rheumatoid)		1.8%	2.6	Thoracolumbar Fracture-Dislocation
	• Arthritis, degenerative		1.8%	2.6	Lumbar Spine Anatomy
	• Kyphosis/lordosis		1.8%	2.6	Osteoporotic Vertebral Compression Fracture
	• Congenital anomalies		1.8%	2.6	Lower Extremity Spine & Neuro Exam
Lumbar 18-24%			24.0%		
	Subaxial Cervical Vertebral Body Fractures				
	• Fracture/dislocation/instability		4.0%	6.0	Thoracic Disc Herniation
	• Spinal Cord Injury Syndromes		4.0%	6.0	Lumbar Disc Herniation
	• Herniated Nucleus Pulposus		4.0%	6.0	Hip Osteoarthritis
	• Arthritis, inflammatory (Rheumatoid)		4.0%	6.0	Septic Arthritis - Adult
	• Arthritis, degenerative		4.0%	6.0	
	• Congenital anomalies		4.0%	6.0	
Nonspecific site 13-17%			17.0%		
	Spinal Cord Injuries				
	• Spinal cord injury not elsewhere classified		2.4%	3.6	Spinal Cord Injuries
	• Infection		2.4%	3.6	Spinal Tuberculosis
	• Scoliosis not elsewhere classified		2.4%	3.6	Congenital Scoliosis
	• Disseminated idiopathic skeletal hyperostosis		2.4%	3.6	DISH (Diffuse Idiopathic Skeletal Hyperostosis)
	• Spondylitis, ankylosing		2.4%	3.6	Cubital Tunnel Syndrome
	• Reiter syndrome		2.4%	3.6	Reiter's
	• Postoperative flat back syndrome		2.4%	3.6	Spine Biomechanics
Upper Extremities 1-4%					
Scapula 1-2%			2.0%		
	• Neuropathy/nerve injury		2.0%	3.0	Suprascapular Neuropathy

